



Naomi Feil, MS
Executive Director
Validation Training
Institute, Inc.
Cleveland, OH

The Validation Method
*Communicating with
individuals who experience
disorientation and memory loss*

Wellsville Manor
304 W 7th
Wellsville, KS 66092

December 10, 2013
8:30 AM—4:30 PM
Registration begins at 8:00 AM

Kansas Health Care Association
Kansas Center for Assisted Living
1100 Gage Blvd
Topeka, KS 66604
Caring for Seniors in the Heartland

What is Validation Therapy? Validation is a tested model of practice that helps older adults who experience disorientation and memory loss to reduce stress and enhance dignity and happiness. Validation accepts the older adult who mentally returns to the past. Often, his/her retreat is not a form of mental illness or disease, it is a survival technique. They return to the past to relive the good times and resolve the bad times in this final struggle to find peace.

Purpose of Validation Workshop: This workshop is designed for health and human service workers, families and volunteers who wish to learn how to communicate with older adults who experience disorientation and memory loss. Its overall objectives are to restore dignity to the older adult, to teach empathy, to increase self-awareness of one's own aging and to apply Validation Techniques.

About the Presenter: Naomi Feil, M.S., A.C.S.W., is the developer of Validation. She was born in Munich in 1932, and grew up in the Montefiore Home for the Aged in Cleveland, Ohio, where her father was the administrator and her mother, head of the Social Service Department. After graduating with a Masters degree in Social Work from Columbia University in New York, she began working with the elderly. Between 1963 and 1980 Mrs. Feil developed Validation as a response to her dissatisfaction with traditional methods of working with older adults who experience severe disorientation. In 1982 she published her first book, *Validation: The Feil Method*, which was revised in 1992. Her second book, *The Validation Breakthrough*, was published in 1993, and updated and revised in 2002. Mrs. Feil and her husband have made many films and videos about aging and Validation. Mrs. Feil is the Executive Director of the Validation Training Institute and a popular speaker in North America and Europe.

Registration/Cost
Members: \$60 per person
Non-members: \$100 per person

To register, go to the below link:
http://khca.associationonline.com/site_event_detail.cfm?pk_association_event=7824

Or:
Go to khca.org
Click "Education Opportunities"
Go to December 10th
Click "Naomi Feil- Wellsville Manor"
Click "Event Website"

If you have any questions about online registration, contact Hayden at hparker@khca.org

Agenda

8:00—8:30	Registration and continental breakfast
8:30—10:00	Role-play: The four stages in the Resolution vs. Vegetation stage of life
10:00—10:15	Break
10:15—10:50	Characteristics of time confusion and the wisdom behind disorientation
10:50—11:30	Use of symbols, Validation principles vs. lying, and role-playing
11:30—12:00	View video "When I Get Old? The Four Phases of Resolution"
12:00—1:00	Lunch provided
1:00—1:20	View video "Communicating with Alzheimer-Type Resolution"
1:20—2:00	Role-play verbal Validation Techniques
2:00—3:00	Erickson's life stage theory and teenage role-play
3:00—3:15	Break
3:15—4:00	Non-verbal Validation techniques for the time confused and repetitive motion, role-play, early vs. late on-set Alzheimer's disease and group exercise
4:00—4:30	View video "Communicating with Alzheimer-Type Populations," questions and evaluation

Special thank you to **Wellsville Manor** for hosting this training.

Registrations must be received by **December 3, 2013**, or they will be assessed a late fee. Registrations can be made online at www.khca.org Phone registrations **will not** be accepted. For registration questions, please call **785-267-6003**. Cancellations **MUST** be received in writing by **December 3, 2013 in order to receive an 80% refund**. Cancellations after that will not be accepted without proof of survey. "No-Shows" will receive **no refund**. Special dispensation will be given with proof of survey during the training dates.

Directions

